

COLLEGIATE SOCCER ACADEMY 2019

Hosted @ Lasell College

*This is a list of things we suggest you bring to camp. **PLEASE leave your expensive items and gear at home.** We recommend that you do not send unnecessary clothes or expensive cameras, watches, or jewelry. We suggest labeling items with your name.*

- ☐ All personal toiletry items (shampoo, conditioner, deodorant, soap, razor, hairbrush, elastics, etc.)
- ☐ Bedding (sheets, etc.) for a twin size bed (extra long sheets are not necessary)
- ☐ Blanket or sleeping bag (Please note dorms are air-conditioned and can be cool.)
- ☐ Towels
- ☐ Pillow
- ☐ Refillable water bottle REQUIRED or you may purchase one at camp. Water stations available.
- ☐ Sunscreen
- ☐ Sweatshirts/pants if cooler weather forecast
- ☐ Rain jacket if rain forecast
- ☐ Soccer shorts and t-shirts (9 sessions total)
- ☐ Soccer Cleats (playing surface is field turf and natural turf). Molded cleats allowed on field turf.
- ☐ Sneakers/Trainers
- ☐ Soccer socks
- ☐ Undergarments
- ☐ Goalie Gloves (for keepers)
- ☐ Shin guards
- ☐ Soccer ball. Soccer balls are available for \$20 cash or check at check-in.
- ☐ Comfortable clothes for in between sessions/night
- ☐ Pajamas
- ☐ Flip flops for showers
- ☐ Spending money (cash) for snacks, pizza, drinks, soccer apparel and game DVDs at the store.
Large pizzas and game DVDs are \$10 each.
- ☐ Alarm clock
- ☐ Backpack or boot bag.
- ☐ Cell phone charger